





# All the Right Moves

A Guide for Tenant Improvements

# TABLE OF CONTENTS

Section P	age
Purpose of All The Right Moves	1
Hiring a Construction Manager	1
Appointing Contacts	1
Plans and Drawings	1
Permitting	2
Telephone/Data and Television Cabling Installation	2
Inspections	2
Fire Pretests	2
Elevator Use and Cleaning	3
Security	3
Deliveries	3
Parking	4
Restrooms	4
Work Involving Excessive Noise	4
Mechanical, Electrical and Plumbing Safety	4
Mechanical, Electrical and Plumbing	5
Building Standard Conformance	5
Fire Annunciation System	5
Use of Materials Which Emit Volatile Organic Compounds (VOCs)	6
Sustainability	6
Solid Waste Management	7
Indoor Air Quality Best Management Practices	7
Emergencies7	

Certificate of Insurance	7
Plan of Action	
Important Notes for Contractors	8
Acknowledgement	9
Exhibit A – Building Specifications	10
Exhibit B – Contact List	11
Exhibit C – Emergency Evacuation Plan	12
Exhibit D – Certificate of Insurance Requirements	14
Exhibit E – Plan of Action Form	15
Exhibit F – Hot Work Policy	17

### **Purpose of All The Right Moves**

It is our goal to clearly outline responsibilities of all individuals providing services in buildings managed by Akridge to coordinate related responsibilities, and to ensure that our Clients' best interests are always protected. To help minimize any inconvenience to our Clients we have prepared the following project rules and guidelines. These guidelines are intended to assist all parties involved in the construction process. However, should any procedure in any way conflict with the terms of the Agreement of Lease, the Lease terms shall prevail.

Our personnel are always available to assist you and are willing to do everything they can to accommodate everyone's needs; however, we must be kept properly advised of construction activities to protect the components of the building, and, more importantly, the people who use it. Should you have any specific questions that are not addressed in this booklet, please contact your Property Manager.

Thank you for your cooperation.

### Hiring a Construction Manager

Most Clients elect to have Akridge act as Construction Manager for all build-outs. However, should your firm decide to hire and supervise its own contractor, we will require a copy of the following items:

- Executed Waiver of Lien Rights
- Contractor's Insurance Certificate
- Contractor's License as required by jurisdiction
- Sub-Contractor's License as required by jurisdiction

It is both the Client's and the Client's architect's responsibility to ensure that all work performed meets base building specifications and local building, plumbing, electrical and mechanical codes. Work that does not meet these requirements will need to be corrected and brought into conformance. Building specifications are included in **Exhibit A**.

The General Contractor is responsible for following and enforcing all the regulations in this booklet, and it is their responsibility to ensure that all subcontractors, vendors and installers also observe these rules. We ask that construction workers remain in their designated area. Throughout the job, any construction workers found in any area other than their construction area may be dismissed from the building.

### A. Appointing Contacts

The Construction Manager, General Contractor, and an Akridge representative will meet prior to commencement of work, and each will appoint contacts for scheduling and coordinating special job requests. The contact for Akridge will be the Property Manager. See **Exhibit B** for specific contacts and phone numbers.

Please coordinate any special requests (e.g., scheduling riser draining, core drilling, fire alarm testing, deliveries, after-hours work, etc.) with the Property Manager.

### B. Plans and Drawings

Three (3) sets of full size construction plans should be submitted to Akridge for review and approval prior to submittal for permit and contract pricing. It is recommended that a pre-construction meeting and pre-installation meetings are scheduled and conducted between the client, contractor and Akridge to review work prior to commencement. All submittals should be processed and reviewed by the design team before the GC orders and installs finishes (i.e., to avoid possible reinstallation of finishes, it is encouraged to submit shop drawings of all finishes (ceramic tile, marble, stone, carpet seaming, wall covering, etc.) prior to installation). Akridge approval of these drawings shall not relieve the Client or the architect from responsibility for any cost incurred due to changes required to comply with current laws, regulations, codes, ordinances, or from errors or omissions in the contract documents and on-site surveys.

We strongly recommend site surveys be performed by the architects and engineers to identify any existing conditions that may affect the design of your suite to limit increased construction costs. Due to differing site conditions, Akridge reserves the right to approve all project architects and engineers.

## C. Permitting

Prior to commencement of construction, a construction permit is to be provided to Akridge, along with one copy of the approved permit drawings.

### D. Voice/Data, Security and Television Cabling Installation

Please remember that it is the responsibility of the Client to contact and contract with the voice/data, security and cabling installation contractors. The installation of the work should be completed prior to the close in of the interior partitions and coordinated with the general contractor.

Please refer to **Exhibit A** for information specific to your building.

Please ensure the voice/data cabling and security contractors obtain the required low voltage permit prior to commencing work.

### E. Inspections

Part of the permitting process of construction involves several inspections during different times in the construction process. For the Fire Marshall Inspection, both the District Fire Department and Akridge require a pretest. It is the Contractor's responsibility to arrange and coordinate all required parties at least 48 hours in advance. Pretests are to be scheduled prior to 8:00 am to ensure the least amount of disruption to the other Clients in the building.

The District of Columbia also requires all new tenants to acquire a Certificate of Occupancy (COO) inspection prior to moving in to their space. For those Clients who hire Akridge as their Construction Manager, we will ensure that the necessary paperwork is filed with the District when submitting the application for a building permit.

If a Client elects to use another firm to perform their buildout, be sure the construction manager schedules an inspection and secures a COO prior to the building final inspection. We are unable to

allow Clients to move into their space until a COO is secured and a final building inspection has been performed.

### F. Fire Pretests

Please use the following guidelines while executing a pretest:

- Test all strobes by activating the pull station. Be sure that the building annunciator panel has labeled the specific location of the pull station.
- Test the audible system to be sure that the bells/speakers can be heard from each office in the space with the door closed.
- Test the visual location of all strobes in operation to be sure that strobes can be seen from the door of each office/room and each room to be used by more than one person, i.e. copy room, work room, pantry, reception area, library and conference room.
- Check all fire exit signs to be sure they do not present a conflict of egress and can be seen from the door of each office/room. Also be sure exit signs are of the same design/color, i.e. red on white or white on red (check with jurisdiction).
- Check all sprinkler heads to make sure that all escutcheon plates are installed and are tight to the ceiling.
- Make sure that all shelves and/or storage are at least 18" from the ceiling.
- If there is an electronic access system installed, be sure that door(s), (such as suite entry and stairway) open(s) automatically during the test.
- Be sure to have approved sprinkler drawings on site as well as all up-to-date permit drawings, the construction permit, low voltage permit (for telephone/data installation), cut sheets for all devices including smoke detectors, heat detectors, pull stations, strobes, exit signs, speakers, water flow and tamper switches and the pre-occupancy data (POD) sheet.
- Be sure that a qualified representative of the electrical subcontractor as well as the superintendent/foreman for the General Contractor is on site for both the pre-test and for the Inspection by the Fire Marshall.
- Contractor is required to notify Akridge at least 48 hours in advance.
- Test flow switch by way of test valve at floor take off.
- Check elevator recall and pressurization systems.

## G. Elevator Use and Cleaning

- Elevators may not be used to haul materials without the express prior consent of Akridge. All freight elevators are 3000 lbs. capacity.
- Construction materials and tools are to be hauled on the freight elevator only. Violation of this regulation may result in immediate removal of the contractor from the building.
- Akridge may request the contractor make special alterations to the freight elevator during construction to protect the elevator finishes. When hauling large amounts of materials such as studs, etc. care must be taken to protect the elevators. To assist in damage prevention, Akridge will provide protective elevator pads for use by the contractor. The contractor shall be responsible for the installation and removal of these pads and for any damages that may occur. Any damage to the elevator, mechanically or aesthetically, will be billed to the contractor.
- Elevator handrails are not to be used as a chair or to hold supplies.

- Use of freight elevators for construction and movement of materials/debris is to be scheduled with the Property Manager and may be limited to the hours of 5:00 am through 8:30 am; 9:30 am through 11:30 am and 1:30 pm through 4:30 pm or after 6:00 pm on weekdays. For weekend use, please coordinate with the Property Manager for specific hours and durations desired. Arrangements must be made with Akridge at least 48 hours in advance to have the elevators put on independent service. Simply call 202.638.3000 and we will be happy to help you.
- Elevators are to be locked on independent service for the hauling of materials. Please do not hold doors open by propping or by wedging materials in their tracks, this causes serious damage to the system. Any such damage incurred, the repair will be billed to the contractor.
- Elevators must be cleaned after each use; this includes removing debris from the tracks and wiping dirt and dust from the panels.

### H. New Security

The Client should contact the security company providing service to the building to discuss security needs at least 45 days prior to the end of construction. See **Exhibit A** for the name and telephone number of the individual with whom you should schedule security work.

### I. Existing Security

We recommend that suite security is deactivated during the construction period or that you give your construction foreman a security key so that he may deactivate your system each morning before beginning construction. Akridge does not have keys to Client security systems and therefore are unable to reset false alarms. Please note police may now issue citations for false alarms.

### J. Deliveries

Major deliveries of construction materials are to be coordinated with the Property Manager at least 48 hours in advance. Certain daytime deliveries may be scheduled during the hours of 6:00 am to 3:00 pm, Monday through Friday.

Deliveries must be made through the service entrances. Because the building has security on the perimeter doors, Akridge must be notified so we may deactivate the security prior to delivery. The contractor may be required to provide protective materials such as masonite to cover floors. It is also required that Akridge personnel be present if the delivery occurs after normal business hours. Please note that the Akridge personnel time will be billed directly to the Client.

### K. Parking

Unfortunately parking cannot be provided for contractor personnel at any of our buildings. Illegally parked cars may be ticketed and towed at the owner's expense. Use of loading dock is for loading and unloading only and is to be scheduled with the Property Manager. Dormant vehicles may be towed at owner's expense.

### L. Restrooms

Restroom sinks may not be used to clean tools, paintbrushes, etc. Accessibility to slop sinks should be coordinated with the Property Manager. All paints, varnishes, thinners, etc. should be disposed of properly.

Designated restrooms are to be used as indicated. Restrooms on occupied floors may not be used.

# M. Work Involving Excessive Noise

Any work involving excessive noise (e.g. hammering, core drilling, etc.) or interruption of service to other Clients (e.g. HVAC or electrical shut-downs) is not allowed during normal building hours and must be scheduled with Akridge at least 48 hours in advance. Please note: Any concrete to be core drilled must be scanned and reviewed by Rathgeber/Goss Associates prior to drilling. See Exhibit A for contact information. Client is responsible for all costs associated with the structural review and any remedial work that results from the review.

# N. Mechanical, Electrical and Plumbing Safety

Office building hours are from 8:00 am to 8:00 pm, Monday through Friday. Retail hours vary but are generally 10:00 am to 10:00 pm, Monday through Saturday and 10:00 a.m. to 6:00 pm on Sunday. Any work performed during non-working hours is to be coordinated with Akridge at least 48 hours in advance. For work to be performed outside of the Client's demised Premises, we recommend a plan be submitted at least five (5) business days in advance describing: (1) location of work required, (2) estimated start date and duration of work and (3) proposed temporary measures/protection. This information will be helpful in coordinating the Work with other Building Clients. Please note that if an Akridge employee and/or Security personnel are required to be present for work performed during non-operating hours, the contractor may be billed accordingly.

Prior to and upon completion of work to be performed on mechanical, electrical or plumbing systems, the contractor must make proper notification to the Property Manager.

## O. Important Notes for Contractors:

- If any mechanical, electrical, or plumbing system is already off when you go to turn it off, please contact the building engineer to determine if other work is being performed on that system.
- When draining condenser water systems, drain slowly to avoid flooding. During this procedure, an Akridge engineer must be present to observe.
- Any work involving draining of condenser or domestic water risers, slab x-raying, shut down of electrical panels or any other disruptive activities must be performed after normal building hours and coordinated at least 48 hours in advance with Akridge.
- Under no circumstances enter Client's space to perform work without making prior arrangements with the Property Manager.
- All staging materials must be coordinated with the Property Manager.

## P. Mechanical, Electrical and Plumbing

Akridge will review the mechanical, electrical, and plumbing drawings to ensure conformance with the base building specifications. If new construction or renovations to existing space alters the airflow, mechanical changes may be necessary to the existing HVAC system. An air balance of the

space will be required. Client's contractor should take this into account and be prepared to have an air balance performed and make any necessary mechanical changes.

In all Akridge buildings, we require the contractor uses the designated base building testing and balancing vendor to do the balancing work necessary for the mechanical systems. Please reference **Exhibit A.** 

### Q. Supplemental HVAC System

- All piping installations in public areas must be pre-approved by Akridge.
- All duct heaters must be reviewed and approved by Akridge.
- Flexible hoses, unions and balancing valves must be provided.
- Condensate drain lines must be insulated copper pipe.
- Condensate pumps are not permitted.
- Provide drip pan under unit with drain line.
- If any supplemental air conditioning unit is tied to the base building chilled water system, the unit must be interfaced with the building energy management system. This is to be coordinated with the Chief Engineer.

### R. Building Standard Conformance

Light Fixtures Clean fixtures and lenses.

#### Window Blinds

All blinds must conform to building standard in size and color. See Exhibit A for the correct specifications. Any desired variations need to be submitted to Akridge for review and approval.0

#### Hardware

So that we can effectively handle emergencies, we require that all locks be keyed to the building master, floor master and keying system. See Exhibit A for hardware specifications.

### **Interior Partitions**

Interior partitions, which end on either interior or exterior glass, must end at a window mullion.

### S. Fire Annunciation System

To prevent false fire alarms, all smoke detectors in areas under construction must be "bagged" daily. They must be un-bagged at the end of the day to maintain fire safety and comply with jurisdictional codes.

**IMPORTANT NOTE --** ANY WORK TO BE PERFORMED WHICH INVOLVES ANY COMPONENT OF THE FIRE ANNUNCIATION SYSTEM MUST BE COORDINATED WITH AKRIDGE PRIOR TO AND UPON COMPLETION OF THE WORK BEING DONE. IN NO CASE IS THE FIRE SYSTEM TO BE DE- ENERGIZED (EITHER PARTIALLY, BY PUTTING INTO THE "TROUBLE" MODE, OR COMPLETELY, BY TURNING IT OFF) BY THE CONTRACTOR. ). IT MAY BE NECESSARY TO ESTABLISH A FIRE WATCH WHILE THE BUILDING'S SYSTEM IS DE-ENERGIZED. ALL COSTS ASSOCIATED WITH A FIRE WATCH WILL BE BILLED DIRECTLY TO THE CLIENT.

Any modification to the fire annunciation system must be coordinated and approved by Akridge and performed by the building's designated contractor (See **Exhibit A**). Akridge and the building's designated fire alarm contractor must be contacted prior to beginning any on-site fire alarm related work. The designated contractor will contract directly with the Client's contractor. Akridge must be notified at least 48 hours before commencement of work.

## T. Use of Materials Which Emit Volatile Organic Compounds (VOCs)

Any work involving the use of materials that emit VOCs must be scheduled in advance with the Property Manager. Electrostatic painting, polymyx painting and any staining and varnishing must be done during evening hours after 8:00 pm and completed prior to 1:00 am or on weekends beginning after 2:00 pm on Saturday and ending prior to 1:00 am Monday morning. This work must be scheduled with the Property Manager in order that arrangements can be made to run the HVAC system during and after the work is being performed.

Materials likely to emit VOCs include the following:

- Adhesives
- Paints, Varnishes and Lacquers
- Wood Preservatives, Stains and other Wood Finishing products
- Waterproofing Products
- Caulking
- Glazing Compounds
- Joint Fillers
- Duct Sealants
- Carpet Seam Sealants

These materials shall be applied according to manufacturer's specifications. Preferably, the contractor should provide evidence that these products do not emit VOCs or that they have been tested to emit less than 0.5 mg/M (total VOCs). Submission of Material Safety Data Sheets (MSDS) to the Property Manager is required for all such products prior to application.

The General Contractor is responsible for the following:

- Performing work with the above materials during non-business hours
- Scheduling work through the Property Management Department
- Properly ventilating the affected area during and after installation procedures and ensuring VOC emissions do not accumulate in existing Client areas
- Properly disposing of these materials and any materials associated with their cleanup

## U. Sustainable Purchasing

The designer shall make every attempt to select materials with recycled content, salvaged material or rapidly renewable material that reduces the environmental impacts associated with

extracting, harvesting and manufacturing virgin materials. In addition, indoor environmental quality will be protected by the purchase of low VOC materials and products.

Items such as non-affixed furniture, equipment, fixtures, mechanical, electrical, plumbing components and specialty items are excluded from this policy. However, millwork is included.

The Architect and General Contractor are responsible for the following:

Achievable sustainable purchases of 50% of the total purchases (by cost) for facility alterations and additions must meet at least one of the following criteria:

- Contains at least 10% post-consumer and/or 20% postindustrial material.
- Contains at least 70% material salvaged from off-site or outside the organization
- Contains at least 70% material salvaged from on-site through an internal organization materials and equipment reuse program.
- Contains at least 50% rapidly renewable materials.
- Contains at least 50% Forest Stewardship Council (FSC) certified wood.
- Contains at least 50% materials harvested and processed or extracted and processed within 500 miles of the project.
- Adhesives and sealants have VOC content less than the current VOC content limits of South Coast Air Quality Management District (SCAQMD) Rule #1168, or sealants used as fillers that meet or exceed the requirements of the Bay Area Air Quality Management District Regulation 8, Rule 51.
- Paints and coatings have VOC emissions that do not exceed the VOC and chemical component limits of Green Seal's Standard GS-11 requirements.
- Non-carpet finished flooring is FloorScore-certified and constitutes a minimum of 25% of the finished floor area.
- Carpet meets the requirements of the CRI Green Label Plus Carpet Testing Program.
- Carpet cushion meets the requirements of the CRI Green Label Testing Program.
- Composite panels and agrifiber products contain no added urea-formaldehyde resins.

### V. Solid Waste Management

The General Contractor shall oversee waste disposal and ensure that appropriate documentation is obtained from the contracted vendor. The vendor is responsible for tracking recycling during the facility alteration or addition.

- Before the project starts, a construction waste recycling plan designed to achieve the maximum practical level of recycling will be developed.
- Examples of materials that will be addressed by the plan include, but are not limited to, building components and structures, panels, attached finishings, carpet and floor material, adhesives, sealants, paints and coatings.
- During each construction project, the recycling plan will be implemented.
- The total amount of construction waste and the total amount of recycled construction waste will be documented.

### Indoor Air Quality Best Management Practices – Indoor Air Quality Management for Facility Alterations and Additions

The intent is to prevent indoor air quality (IAQ) problems resulting from any construction or renovation projects to help sustain the comfort and well-being of the construction workers and

building occupants. The Client's General Contractor shall develop and implement and IAQ Management Plan that includes the following:

- During construction, meet or exceed the recommended control measures of the SMACNA IAQ Guidelines for occupied buildings under construction.
- Protect all existing HVAC equipment and ductwork from dust and odors during demolition and construction.
- During construction, isolate occupied work spaces to prevent contamination.
- Institute cleaning procedures to control contaminants in the building during construction and prior to occupancy.
- Coordinate construction activities to minimize or eliminate disruption of operations in the occupied portions of the building.
- Perform a flush-out procedure of the HVAC system to evacuate airborne contaminants after all construction work is completed.

### In Case of Emergency

Reference **Exhibit C** for an emergency evacuation plan.

### Certificate of Insurance – Limits and Language

Reference Exhibit D

### Plan of Action

Reference **Exhibit E** for a blank Plan of Action Request Form. This must be filled out for all work occurring outside of the tenant's space. Please complete the form and return to the Tenant Construction engineer 48 hours prior to the work being performed for review and approval.

### **Important Notes for Contractors**

- If any mechanical, electrical, or plumbing system is already off when you go to turn it off, please contact the building engineer to determine if other work is being performed on that system.
- When draining condenser water systems, drain slowly to avoid flooding. During this procedure, an Akridge engineer must be present to observe.
- Any work involving draining of condenser or domestic water risers, slab x-raying, shut down of electrical panels or any other disruptive activities must be performed after normal building hours and coordinated at least 48 hours in advance with Akridge. Electrical work requiring a total shut down of the building electrical supply must be scheduled and coordinated with the Property Manager with a minimum two week advance notice.
- Under no circumstances enter Client's space to perform work without making prior arrangements with the Property Manager.
- All staging materials must be coordinated with the Property Manager.

# All the Right Moves

# A Guide for Tenant Improvements

# Acknowledgement

I, \_\_\_\_\_\_ hereby acknowledge that I have read and fully understand the rules and guidelines outlined in the **All the Right Moves** booklet.

Client Representative Signature

Title

Company

General Contractor Signature

Title

Company

# Exhibit A – Building Standards & Specifications

Building Security Company:	Kastle Systems
	703-528-8800
Window Blinds Specifications:	WT Shade – Ecofabrix 353-90 Black
Common Area Ceiling Grid:	Armstrong - Interlude XL HRC
Common Area Ceiling Tile Specification:	Armstrong – Optima 9/16" Sq. Tegular 3251BP or 3265PB
Keying Specifications:	Schlage E
Common Area Doors & Frames & Hardware:	2" HM frames. 3'0"x7'0" Solid core paint grade slab. Schlage Classic E US25D
Building Life Safety Contractor:	Johnson Controls – 571-201-3427
Air Quality (Testing & Balancing):	Arian Tab - Hossein Askari 703-319-1000
Building Energy Management System:	Pritchett Controls - 301-740-7300
Core Drill Review:	Rathgeber/ Goss Associates, P.C 301-590-0071
Common Corridor Carpet and Paint	CP10 – Milliken Textured Sky Nimbus Horizon Line
	PT02 – Sherwin Williams SW7008 Alabaster Matte Finish
Interior Window Mullion and Stool Trim Color	PPG - Telegray II - UC125485
Roofing Contractor:	Gordon Contractors – 301-350-6600
Phone and Cable TV Provider:	Verizon, Comcast and DirecTV

# Exhibit B – Contact List

Title	Name	Telephor	ne Numbers
Vice President–Property Management	Sharon Perera	Office Cell	202.624.8634 202.359.6801
Building Manager	Taahira Thompson	Office Cell	202.756.3673 202.509.6407
Vice President– Construction Management	John Otto	Office	202.624.8607
Chief Engineer	Mike Reilly	Office Cell	202.207.3944 202.439.0866
24-Hour Security	Guards Desk	Office Cell	202.207.3945 202.425.4212

# Exhibit C – Emergency Evacuation Plan

FIRE ANNUNCIATION SYSTEM AND EMERGENCY EVACUATION is located in the main lobby. Required by Article F-105.3, D.C. Fire Prevention Code (D.C. Supplement)

- Be familiar with exits and fire apparatuses in your building.
- If you encounter a fire or other potential emergency, pull the fire pull station nearest to the potential emergency. This alerts the fire department and will set off fire bells that can be heard through the building, alerting other occupants to evacuate.
- It is critical that if you pull a fire pull station, call the fire department at 911 after evacuating. Give them the most specific information you can because Datawatch cannot receive or relay emergency information. Please advise all your personnel that once one of these devices goes off, the bells will ring and evacuation should commence. It is not necessary to pull additional pull stations unless a fire is evident in that location. Indications of multiple floor pull stations activated on the annunciator panel will only confuse and slow down the fire department unless it is a multiple floor problem.
- Always use stairs in an emergency. Walk down them one time so you know where you will exit on the first floor. Remember: in the event of an emergency do NOT use the elevators – use the stairs.
- Upon exiting onto the first floor, please move out of the building and at least 500 feet from the building so others can safely evacuate, and the fire department can work quickly—and to avoid injury from window breakage.
- Assign two individuals from your staff to monitor the evacuation. These individuals should be
  responsible for ensuring everyone evacuates by identifying any handicapped individuals and for
  securing your premises. Akridge personnel will assist in directing and giving specific instruction
  to your employees in the event of an actual emergency. The directions given by the fire
  department and management personnel should be followed at all times
- Should the exit route from your space become blocked by smoke, stay calm.
- Go to the nearest available office and close the door.
- Call the fire department and give them your floor and approximate location tell them you are trapped.
- If there is a window in the office, go to it and signal so fire personnel can see you.
- The fire department will quickly locate you and assist you in evacuating.

# **Exhibit D – Certificate of Insurance Requirements**

### **Insurance Requirements**

Tenant Contractor shall provide evidence of required insurance coverage, as defined in Tenant's lease agreement, prior to construction commencing.

- 1. All policies shall name the following as additional insured: Tenant; Landlord; Landlord's lenders and/or mortgagors; and the employees and agents thereof.
- 2. All policies shall provide 30 days written notification of non-renewal or cancellation to:

The Mills Building Associates, LLC 601 13<sup>th</sup> Street, NW, Suite 300 Washington, DC 20005 Attention: Sharon Perera

3. Certificate shall include the following language as Additional Insured:

The Mills Building Associates, LLC The John Akridge Management Company Client

# Exhibit E – Plan of Action Form

(attached)



601 13<sup>th</sup> Street, N.W., Suite 300N, Washington, D.C. 20005 Phone 202.638.3000 Fax 202.628.6852

# **1700** Pennsylvania Avenue Plan of Action

**Request Form** 

Date:	Date(s) requested:			
notice)		(min.	48	hour
Construction Company:				
Contact Person and Numbers:				
Project:				

Requested Operation: (Start times, other spaces that may need to be entered, procedures, (plans for protection of finshed space, finsh times) number of people involved, plans for clean-up.

Time & Dates	Tasks and Procedures (be as detailed as possible)

Email to Construction Management or Chief Engineer for final review, approval & final arrangements; Include sketch or floor plans for work outside of space if needed

# **Exhibit F - Hot Work Policy**

Akridge Fire Safety Program Hot Work Policy Updated January 2010

# Policy

Hot work is defined as any temporary operation involving open flames or producing heat/sparks which includes, but is not limited to brazing, open-flame soldering, oxygen cutting, grinding, arc welding/cutting, oxy-fuel gas welding, hot taps, and torch applied roofing that are capable of initiating fires or explosions. No employee of Akridge, contractor hired by Akridge or building Client, or subcontractor hired by the contractor shall perform any hot work in the building unless a hot work permit is obtained, executed and returned to the building's Chief/Lead Engineer, 24 hours in advance of work commencing. This time may be reduced in emergency situations. An example of the Hot Work Permit can be found at the end of this document.

# Authority and Responsibility

Akridge Chief/Lead Engineer, building staff, and Building Services Department, and contractors hired by Akridge or building Client shall be responsible for following the hot work program in accordance with this policy. All buildings managed by Akridge shall follow the procedures below to comply with this policy.

## Akridge Chief Engineer/Lead Engineers are responsible for:

- 1. Notifying all Akridge employees involved with the project to the purpose and intent of the Hot Work Policy;
- 2. Issue of the hot work permit and making periodic inspections of areas where the hot work procedures are being used;
- 3. Notifying Building Services, Property Management and Project Management 24 hours in advance of a contractor's request of hot work permits; and
- 4. Renewing the permit as required until work is completed.

## Akridge Employees are responsible for:

- 1. Understanding Akridge Hot Work Policy; and
- 2. Complying with the procedures defined within the policy.

## Akridge Project Management is responsible for:

- 1. Notifying all contractors to the purpose and intent of the Hot Work Policy;
- 2. Making periodic inspections of areas where the hot work procedures are being used; and

3. Contacting Akridge Chief /Lead Engineer when a contractor has made a hot work permit request 24 hours in advance; and when a hot work permit requires renewal.

*Contractors and sub-contractors* hired by Akridge or building Client are responsible for:

- 1. Understanding the Hot Work Policy; and
- 2. Complying with the procedures defined within the policy.

# Procedure

Prior to starting a project that requires a hot work permit; the supervisor of the Akridge employee performing the hot work or the Project Manager of the contractor/subcontractor shall obtain a hot work permit from the Akridge Chief/Lead Engineer.

# Notification

Contractors shall notify the Akridge Project Manager, Akridge Chief/Lead Engineer to request a hot work permit at least 24 hours prior to the start of the project.

# Job Site Inspection

Prior to the issuance of the hot work permit, the Akridge Chief/Lead Engineer shall inspect the job site to <u>determine if the hot work can be avoided</u>. If the hot work involves open flame cutting, an alternative method of conducting the work shall be considered (e.g., hand saw, pipe cutter). If an alternative method is not feasible, Akridge Chief/Lead Engineer shall further ensure the hot work site is safe. All hot work job sites are inspected using the checklist contained within the hot work permit. Items included in the job site review include, but are not limited to, the following:

- Hot work operator(s)/fire watch are trained in the safe operation of their equipment; there must be two persons at the hot work area at all times, no exceptions. If they cannot have two persons on site, the work must be cancelled;
- 2. Apparatus used for the hot work must be in good condition;
- 3. Hot work operator(s)/fire watch understand the emergency procedures in the event of a fire or general emergency;
- 4. Fire protection and extinguishing equipment is properly located on-site;
- 5. Operator(s) are utilizing personal protective equipment; are confined space trained if required and PP equipment is in good condition;
- 6. The proposed work does not jeopardize the health and safety of the operator or others.
- 7. The Fire alarm system should only be disabled for the areas where work is in progress, the <u>entire building should never be disabled</u>;

- 8. Fire retard mats need to be placed on the roof in any location where soldering or welding is part of the work. Electric insulated mats are required when working on or around conductive materials; and
- 9. Ensure that fumes from the work area are not being drawn into the building by the fresh air fans.

If the aforementioned criteria are not met, a permit shall not be issued until all concerns are corrected.

If there are automatic fire detection devices present in the immediate area that need to be deactivated to prevent alarms, follow normal impairment procedures to ensure reactivation of the system.

# Fire Watch

Akridge requires a fire watch be set by the organization performing the work, when hot work is performed in a location where the following condition(s) exist:

- 1. Combustible materials in building construction or building contents are closer than 20 feet to the point of operation of the hot work;
- 2. Combustible materials are more than 15 feet away, but are easily ignited by sparks;
- 3. Wall or floor openings within a 15 feet radius expose combustible materials in adjacent areas, including concealed spaces in walls or floors;
- 4. Combustible materials are adjacent to the opposite side of partitions, walls, ceiling, or roofs and are likely to be ignited; and
- 5. The fire alarm system for the affected area is disabled for any reason.

The assigned fire watch personnel shall:

- 1. Be aware of the inherent hazards of the work site;
- 2. Ensure safe conditions are maintained during the hot work operation;
- 3. Have the authority to stop the hot work operations if unsafe conditions develop;
- 4. Have fire extinguishing equipment immediately available and be trained on how to use it; and
- 5. Activate emergency response in the event of a fire.

The fire watch shall be maintained during all breaks and one hour after completion of the hot work operation in order to detect and extinguish smoldering fires on the floors above, below and adjacent to the hot work site if applicable.

# Permit Posting

The hot work permit must be completed in duplicate. One copy shall be retained and filed by the Chief/Lead Engineer in the building construction files and the second copy shall be posted in a visible location within the hot work site near the hot work equipment.

# Prohibitions

Propane gas shall be limited in use in any hot work in any occupied Akridge building. <u>Hot work shall not be permitted in the following areas</u> until the conditions prohibiting hot work have been modified:

- 1. In the presence of explosive atmospheres, or in situations where explosive atmospheres may develop inside contaminated or improperly prepared tanks or equipment which previously contained flammable liquids;
- 2. In areas with an accumulation of combustible debris, dust, lint and oily deposits;
- 3. In areas near the storage of exposed, readily ignitable materials such as combustibles;
- 4. On a container such as a barrel, drum or tank that contained materials that will emit toxic fumes when heated; and
- 5. Confined spaces. Confined spaces are special circumstances that require specifically trained personnel. Akridge personnel are not qualified to perform this work. All work in confined spaces must be supervised by a qualified contractor and coordinated with the building Akridge Chief/Lead Engineer.

## **Protective Equipment**

The welder shall be equipped with protective devices and/or apparel as indicated on the permit or as listed below:

- Portable and/or mechanical ventilation capable of keeping the levels of fumes, dust and gases below the thresholds established in the Occupational Safety and Health Administration's (OSHA) Permissible Exposure Limits (PELs). If local exhaust or general ventilation are not available and fume, dust and gas generation is high, respirators shall be used.
- 2. Gloves, apron and/or jacket that are made of a material that is an insulator from heat and electricity.
- 3. Welders helmets equipped with proper filter plate and cover lenses.
- 4. Respiratory protection (NOTE: No employee or worker shall be issued or be required to use a respirator until that employee has been properly certified for the use of such equipment by the issuing authority. Proof of such certification may be required.
- 5. Screens to protect persons not properly protected from the visual effects of viewing arc welding or cutting and during gas or oxygen cutting or welding.

# Storage of Equipment

Personnel performing hot work will insure that equipment and supplies are stored in a manner that will prevent the creation of hazardous conditions. For example flammable fuels will be stored in appropriate containers and safety lockers.

## Injuries/Exposures

If during the performance of assigned duties the welder becomes injured or suspects an occupational exposure occurred, such situations shall be reported to the Akridge Lead/Chief Engineer and Akridge Construction Manager, who will then notify the Property Management team.

# **Education/Training**

Akridge Employees shall be trained on all aspects of this policy.

# Akridge Companies

# HOT WORK PERMIT

BEFORE INITIATING HOT WORK, CAN THIS JOB BE AVOIDED?

IS THERE A SAFER WAY?

This Hot Work Permit is required for any temporary operation involving open flames or producing heat and/or sparks. This includes, but is not limited to: Brazing, Cutting, Grinding, And Soldering, Thawing Pipe, Torch Applied Roofing, And Welding.

		REQUIRED PRECAUTIONS		
	ICTIONS	CHECKLIST		
<ol> <li>Fire safety supervisor:         <ul> <li>A. Verify precautions live with the work).</li> <li>B. Complete and retain</li> </ul> </li> </ol>	sted at right (or do not proceed this permit.	<ul> <li>Available sprinklers, hose streams and extinguishers are in service/operable.</li> <li>Hot Work equipment in good repair.</li> </ul>		
HOT WORK BEING DONE  EMPLOYEE  CONTRACTOR:	BY:	Requirements within 10 m (35 ft.) of work         Flammable liquids, dust, lint and oily deposits removed.         Explosive atmosphere in area eliminated.         Floors swept clean.         Combustible floors wet down, covered with damp sand or fire-resistive sheets.         Remove other, combustibles where possible.         Otherwise protect, with fire-resistant tarpaulins or metal shields.		
DATE:	JOB NO.	All wall and floor openings covered.		
LOCATION/BUILDING & FLOOR:		<ul> <li>Fire resistant tarpaulins suspended beneath work.</li> <li>Work on walls or ceilings/enclosed equipment</li> <li>Construction is noncombustible and without combustible</li> </ul>		
NATURE OF JOB:		<ul> <li>covering or insulation.</li> <li>Combustibles on other side of walls moved away.</li> <li>Danger exist by conduction of heat into another area.</li> <li>Enclosed equipment cleaned of all combustibles.</li> <li>Containers purged of flammable liquids/vapors.</li> <li>Pressurized vessels, piping and equipment removed from service isolated and vented.</li> </ul>		
NAME OF PERSON DOING HOT V	VORK			
I verify the above location has	been examined, the	Fire watch/hot work area monitoring		
	quired Precautions Checklist	Fire watch will be provided during and for 30 minutes		
	e, and permission is authorized	after work, including any coffee or lunch breaks.		
for this work.		Fire watch is supplied with suitable extinguishers.		
<del>\</del>		Fire watch is trained in use of this equipment and in		
SIGNED (FIRESAFETY SUPERVI	SOR/OPERATIONS SUPERVISOR).	sounding alarm. Fire watch may be required for adjoining areas above, and below.		
		Monitor Hot Work area for 30 minutes after job is completed.		
PERMIT	TIME	Other precautions taken		
EXPIRES	AM. P.M.	Confined space entry permit required.		
EMINES	P.M.	Area protected with smoke or heat detection.		
NOTE EMERGENCY NOTII	FICATION ON BACK OF	Ample ventilation to remove smoke/vapor from work		
	ATE FOR YOUR FACILITY.	area.		
	IT IS GOOD	Lockout/tag-out required.		
FOR ONE I	DAY ONLY!			

Note: When used in accordance with NFPA 51B, this permit is to be used for, but not limited to, the following: welding, cutting, grinding, open-flame soldering, thawing pipe, and torch-applied roofing. Copyright NFPA